



Starters

SMOKED *JOYCE FARMS CHICKEN* QUESADILLA 12
jack and *Sweetwater Valley cheddar*, housemade salsa, sour cream
or skip the chicken 8

NASHVILLE BITES 8
pimiento cheese, bbq hot links, serrano chili peppers, crackers

HUMMUS 8
warm pita bread, carrots, celery

SPINACH ARTICHOKE CRAB DIP 11
crisp tortilla chips, parmesan

SHE CRAB SOUP 9
fresh cream, mace

CRISPY BOOM BOOM SHRIMP 13
sriracha hot chili dipping sauce

CLASSIC CHEESE NACHOS 9
loaded with gooey cheddar, spicy jalapeños, olives, tomatoes, green onions,
salsa, housemade guacamole, sour cream
step it up with smoked *Joyce Farms chicken* 13

HOUSEMADE GUACAMOLE 10
pico de gallo, queso, tortilla chips

CHAMPIONS NASHVILLE "HOT CHICKEN" TENDERS 11
fries, ranch + Buffalo blue dipping sauces

JUMBO SOFT PRETZEL 9
beer cheese + mustard sauces

GRILLED FLATBREAD 11
Joyce Farms bbq *chicken*, bacon, ranch
or Italian sausage, fontina 10

BAKED ONION SOUP 8
Gruyère cheese

GRILLED ANDOUILLE SAUSAGE + SHRIMP SKEWERS 12
red beans + rice

BUFFALO WINGS 13
Choose humming, singing or screaming! Your choice of Buffalo blue or
cool ranch dipping sauce.

CHAMPIONS SAMPLER TOWER 39 or HALF TOWER 23
two dozen wings, housemade guacamole and salsa, spinach
artichoke crab dip, crisp tortilla chips, stack of onion rings. Dipping
sauces and table reinforcements included.

Large Plates

side house or Caesar salad 6

KNOB CREEK BOURBON GLAZED PORK CHOPS 21
cheddar mashed potatoes, braised green beans

BRONZED FRESH REDFISH 27
red beans + rice, garlic spinach, herb butter

PAN SEARED FRESH MAHI MAHI 26
brown rice, English peas, asparagus, lump crab vinaigrette

BACON WRAPPED MEATLOAF 15
cheddar mashed potatoes, braised southern greens, bourbon mushroom gravy

ALFRESCO SWEET POTATO RAVIOLI 21
asparagus, spinach, rustic tomato sauce, parmesan

ANGUS BONE-IN RIBEYE* 29
house rub, loaded baked potato, garlic spinach, tomatoes

RICE BOWL 12 GF
brown or white rice, sweet peppers, roasted corn, onions, black beans,
avocado, housemade pico de gallo, jack cheese
grilled *Joyce Farms chicken* 16
grilled shrimp 16
chimichurri Angus New York strip steak* 19

CHAMPIONS HOUSE SMOKED *JOYCE FARMS CHICKEN* 22
red beans + rice, fried onions, braised southern greens, bbq dipping sauce
(limited supply, available after 5:00 p.m. daily)

SIMPLY GRILLED FRESH *TRUE NORTH ATLANTIC SALMON* 22
asparagus, cipollini onions, tomatoes, olive oil, loaded baked potato

Sandwiches + Salads

NASHVILLE "HOT CHICKEN" SANDWICH 13
Joyce Farms chicken, mayo, pickles, *Provence bun*, fries, blue cheese
jalapeño cole slaw

JOYCE FARMS CHICKEN SANDWICH 13
tomato olive relish, provolone, pesto mayo, *Provence brioche bun*, fries

GRILLED TURKEY BURGER 12
pepperjack, housemade guacamole, lettuce, tomato, wheat bun, fresh fruit

BLACKENED FRESH MAHI MAHI SANDWICH 15
lettuce, tomato, remoulade, blue cheese jalapeño cole slaw, *Provence brioche bun*, fries

CHAMPIONS SOUTHEAST FAMILY FARMS DRY AGED ANGUS BURGER* 13
Sweetwater Valley cheddar, *Benton's bacon*, fries

CLASSIC CLUB SANDWICH 12
applewood bacon, hickory smoked turkey, lettuce, tomato, toasted white, fries

JORGE'S BAJA FISH TACOS 14
grilled mahi mahi, shredded cabbage, housemade salsa, lime-ranch dressing,
tortilla chips

SESAME CHICKEN SALAD 14
mandarin oranges, cilantro, walnuts, grilled *Joyce Farms chicken*, avocado,
flatbread

BLACK AND BLUE SALAD 16 GF
bibb lettuce, artichoke hearts, eggs, *Benton's bacon*, peppercorn blue cheese
dressing, blue cheese crumbles, Angus New York strip steak*

CAESAR SALAD 8
romaine, croutons, caesar dressing, parmesan
grilled *Joyce Farms chicken* 13
grilled shrimp 15
True North Atlantic salmon 15

TRUE NORTH ATLANTIC SALMON COBB SALAD 15
kitchen tossed, tomatoes, applewood bacon, avocado, eggs, blue cheese
crumbles, ranch dressing
grilled *Joyce Farms chicken* 13

GRILLED *JOYCE FARMS* BBQ *CHICKEN* SALAD 13
greens, roasted corn, black beans, sweet peppers, scallions, avocado, crisp
tortilla strips, lime ranch
grilled shrimp 15

Sweets

CLASSIC KEY LIME PIE 7
hand whipped cream

CHAMPIONS WARM ROCKY ROAD *CHRISTIE COOKIE* ICE CREAM SUNDAE 9

JACK DANIEL'S CHOCOLATE CHIP CAKE 8

FRENCH CONFECTION'S RED VELVET CAKE 7
cream cheese icing

SALTED CARAMEL CHEESECAKE 8
hand whipped cream

HÄAGEN-DAZS ICE CREAM 3 each scoop
Christie cookie garnish
Choose from: chocolate, vanilla, strawberry

CHAMPIONS Champions Local Favorite

Please let us know of any dietary preferences or food allergies we should be aware of in the preparation of your meal. We are happy to modify any of our dishes to your satisfaction.
*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. *These items can be cooked to order.
An 18% gratuity will be added to parties of 7 or more and distributed in its entirety to the staff.
GF: Items are made gluten-friendly. Locally sourced. Regional flavor. Housemade ingredients.

Beer

BOTTLED		BOTTLED		DRAFT	16 OZ.	22 OZ.
Amstel Light	6	Michelob Ultra	5	Black Abbey Selection (L)	5.75	7
Anchor Steam	6	Miller Genuine Draft	5	Blackstone Porter (L)	5.75	7
Angry Orchard Hard Cider	5.75	Miller Lite	5	Blue Moon Belgium Ale	5.75	7
Bass Ale	6	Newcastle Brown Ale	6	Bud Light Lager	5	6.25
Beck's Lager	6	O'Doul's (non-alcoholic)	5	Czann's Pale Ale (L)	5.75	7
Blue Moon	5.75	Paulaner Hefe-Weizen	6	Guinness Porter	6	7.25
Budweiser	5	Pilsner Urquell	6	Yazoo Gerst Haus Amber (L)	5.75	7
Bud Light	5	Red Stripe	6	Goose Island IPA	5.75	7
Coors Light	5	Rolling Rock	5.75	Jackalope Thunder Ann Pale Ale (L)	5.75	7
Corona Extra	6	Samuel Adams Boston Lager	5.75	Mill Creek Landmark Lager (L)	5.75	7
Corona Light	6	Samuel Adams Light	5.75	Samuel Adams Seasonal	5.75	7
Dixie	5.75	Sierra Nevada Pale Ale	5.75	Server's Monthly Selection (L)	5.75	7
Dos Equis Lager	6	Stella Artois	6	Stella Artois Lager	6	7.25
Foster's Lager Oil Can	6	TN Brew Works Extra Easy (L)	5.75	TN Brew Works Cutaway IPA (L)	5.75	7
Guinness	6	TN Brew Works Southern WIT (L)	5.75	Tiny Bomb Pilsner (L)	5.75	7
Hap & Harry's Tennessee Lager (L)	5.75	Yazoo Dos Perros (L)	5.75	Yazoo Dos Perros Amber Ale (L)	5.75	7
Heineken	6	Yazoo Hefeweizen (L)	5.75			
Heineken Light	6	Yazoo Pale Ale (L)	5.75	Local Beer Flight, choose four (L)	6.00	
Killian's Red	5.75	Yuengling Lager	5.75			

(L) = Locally Brewed

Champions Cocktails

STRAWBERRY MOJITO	10
Bacardi Superior Rum, mint, lemon-lime soda	
CHAMPIONS BLOODY MARY	8.25
Absolut Peppar, chipotle	
STRAWBERRY LEMONADE	3
handcrafted over ice (non-alcoholic)	

CHAMPIONS HAND SELECTED SINGLE BARREL, BARREL STRENGTH KNOB CREEK RESERVE

125.6 Proof

Old Fashioned	14
Manhattan	16
Rocks "Ice Ball"	14

OLD FASHIONED

Bulleit Straight Rye, Spicy, Oak	13
Knob Creek, Smoked Maple	14
Booker's, Straight from the Barrel	15

SMALL BATCH FLIGHT 18

Basil Hayden, Baker's, Booker's

THE GRAIN FLIGHT 16

Woodford Reserve, Makers 46,
Knob Creek

MANHATTAN

Makers 46, Bold, Complex	15
Basil Hayden, Soft, Spicy	16
Buffalo Trace, Rich Vanilla, Toffee	13

Wines

SPARKLING	GLASS	BOTTLE	REDS	GLASS	BOTTLE
La Marca, Extra Dry, Prosecco, Veneto, Italy, NV	12	45	Arrington, Sangiovese, Red Fox Red, Arrington, Tennessee (Kix Brooks of "Brooks & Dunn" Winery)	14	52
Segura Viudas, Brut, Cava, "Aria Estate", San Sadurni d'Anoia, Spain, NV	10	37	Rancho Zabaco, Zinfandel, "Heritage Vines", California	11	40
Mumm Napa, Brut, "Prestige", Napa Valley, California, NV		47	Meridian Vineyards, Pinot Noir, California	9	30
Moët & Chandon, Brut, "Impérial", Champagne, France, NV		75	La Crema, Pinot Noir, Sonoma Coast, California	15	55
Veuve Clicquot, Brut, "Yellow Label", Champagne, France, NV		129	Mark West, Pinot Noir, California		35
			Kim Crawford, Pinot Noir, Marlborough, New Zealand		52
			Ponzi, Pinot Noir, "Travola", Willamette Valley, Oregon		69
			Avalon, Cabernet Sauvignon, California	9	30
			Alamos, Malbec, Mendoza, Argentina	9	32
			Meridian Vineyards, Merlot, California	9	30
			St. Francis Vineyards, Merlot, Sonoma County, California	15	58
			Estancia, Cabernet Sauvignon, Paso Robles, California		38
			Rutherford Hill, Merlot, Napa Valley, California		80
			Roots Run Deep, Merlot, "Educated Guess", Napa Valley California		68
			Aquinas, Cabernet Sauvignon, Napa Valley, California	10	38
			Swanson, Merlot, Oakville, California		80
			Vina Montes, Cabernet Sauvignon, "Alpha Apalta Vineyard", Colchagua Valley, Central Valley Chile		56
			Columbia Crest, H3, Cabernet Sauvignon, Horse Haven Hills, Washington		31
			Austin Hope, Red Blend, "Troublemaker", Paso Robles, California		49
			Meridian Vineyards, Cabernet Sauvignon, California	9	30
			Franciscan, Cabernet Sauvignon, Napa Valley, California	15	55
			Ferrari-Carano, Cabernet Sauvignon, Alexander Valley, California		60
			Jordan, Cabernet Sauvignon, Alexander Valley, California		110



Champions Local Favorite

We are proud to support local businesses whenever possible. We would like to thank and acknowledge:

Yazoo Brewery, Wiseacre Brewing Company, Jackalope Brewery, Blackstone Brewery, Prichard's Distillery, Jack Daniel's Distillery, Arrington Vineyards, Mill Creek Brewery, Czann's Brewery, Black Abbey Brewing Co., Tennessee Brew Works, Benton's Smokehouse, Alfresco Pasta, Provence Bakery, Christie Cookies, Southeast Family Farms, Joyce Farms and Sweetwater Valley Farm.

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