



Starters

SMOKED *JOYCE FARMS CHICKEN* QUESADILLA 12
jack and *Sweetwater Valley cheddar*, housemade salsa, sour cream
or skip the chicken 8

NASHVILLE BITES 8
pimiento cheese, bbq hot links, serrano chili peppers, crackers

HUMMUS 8
warm pita bread, carrots, celery

SPINACH ARTICHOKE CRAB DIP 11
crisp tortilla chips, parmesan

SHE CRAB SOUP 9
fresh cream, mace

CRISPY BOOM BOOM SHRIMP 13
sriracha hot chili dipping sauce

CLASSIC CHEESE NACHOS 9
loaded with gooey cheddar, spicy jalapeños, olives, tomatoes, green onions,
salsa, housemade guacamole, sour cream
step it up with smoked *Joyce Farms chicken* 13

HOUSEMADE GUACAMOLE 10
pico de gallo, queso, tortilla chips

CHAMPIONS NASHVILLE "HOT CHICKEN" TENDERS 11
fries, ranch + Buffalo blue dipping sauces

JUMBO SOFT PRETZEL 9
beer cheese + mustard sauces

GRILLED FLATBREAD 11
Joyce Farms bbq *chicken*, bacon, ranch
or Italian sausage, fontina 10

BAKED ONION SOUP 8
Gruyère cheese

GRILLED ANDOUILLE SAUSAGE + SHRIMP SKEWERS 12
red beans + rice

BUFFALO WINGS 13
Choose humming, singing or screaming! Your choice of Buffalo blue or
cool ranch dipping sauce.

CHAMPIONS SAMPLER TOWER 39 or HALF TOWER 23
two dozen wings, housemade guacamole and salsa, spinach
artichoke crab dip, crisp tortilla chips, stack of onion rings. Dipping
sauces and table reinforcements included.

Large Plates

side house or Caesar salad 6

KNOB CREEK BOURBON GLAZED PORK CHOPS 21
cheddar mashed potatoes, braised green beans

BRONZED FRESH REDFISH 27
red beans + rice, garlic spinach, herb butter

PAN SEARED FRESH MAHI MAHI 26
brown rice, English peas, asparagus, lump crab vinaigrette

BACON WRAPPED MEATLOAF 15
cheddar mashed potatoes, braised southern greens, bourbon mushroom gravy

ALFRESCO SWEET POTATO RAVIOLI 21
asparagus, spinach, rustic tomato sauce, parmesan

ANGUS BONE-IN RIBEYE* 29
house rub, loaded baked potato, garlic spinach, tomatoes

RICE BOWL 12 GF
brown or white rice, sweet peppers, roasted corn, onions, black beans,
avocado, housemade pico de gallo, jack cheese
grilled *Joyce Farms chicken* 16
grilled shrimp 16
chimichurri Angus New York strip steak* 19

CHAMPIONS HOUSE SMOKED *JOYCE FARMS CHICKEN* 22
red beans + rice, fried onions, braised southern greens, bbq dipping sauce
(limited supply, available after 5:00 p.m. daily)

SIMPLY GRILLED FRESH *TRUE NORTH ATLANTIC SALMON* 22
asparagus, cipollini onions, tomatoes, olive oil, loaded baked potato

Sandwiches + Salads

NASHVILLE "HOT CHICKEN" SANDWICH 13
Joyce Farms chicken, mayo, pickles, *Provence bun*, fries, blue cheese
jalapeño cole slaw

JOYCE FARMS CHICKEN SANDWICH 13
tomato olive relish, provolone, pesto mayo, *Provence brioche bun*, fries

GRILLED TURKEY BURGER 12
pepperjack, housemade guacamole, lettuce, tomato, wheat bun, fresh fruit

BLACKENED FRESH MAHI MAHI SANDWICH 15
lettuce, tomato, remoulade, blue cheese jalapeño cole slaw, *Provence brioche bun*, fries

CHAMPIONS SOUTHEAST FAMILY FARMS DRY AGED ANGUS BURGER* 13
Sweetwater Valley cheddar, *Benton's bacon*, fries

CLASSIC CLUB SANDWICH 12
applewood bacon, hickory smoked turkey, lettuce, tomato, toasted white, fries

JORGE'S BAJA FISH TACOS 14
grilled mahi mahi, shredded cabbage, housemade salsa, lime-ranch dressing,
tortilla chips

SESAME CHICKEN SALAD 14
mandarin oranges, cilantro, walnuts, grilled *Joyce Farms chicken*, avocado,
flatbread

BLACK AND BLUE SALAD 16 GF
bibb lettuce, artichoke hearts, eggs, *Benton's bacon*, peppercorn blue cheese
dressing, blue cheese crumbles, Angus New York strip steak*

CAESAR SALAD 8
romaine, croutons, caesar dressing, parmesan
grilled *Joyce Farms chicken* 13
grilled shrimp 15
True North Atlantic salmon 15

TRUE NORTH ATLANTIC SALMON COBB SALAD 15
kitchen tossed, tomatoes, applewood bacon, avocado, eggs, blue cheese
crumbles, ranch dressing
grilled *Joyce Farms chicken* 13

GRILLED *JOYCE FARMS* BBQ *CHICKEN* SALAD 13
greens, roasted corn, black beans, sweet peppers, scallions, avocado, crisp
tortilla strips, lime ranch
grilled shrimp 15

Sweets

CLASSIC KEY LIME PIE 7
hand whipped cream

CHAMPIONS WARM ROCKY ROAD *CHRISTIE COOKIE* ICE CREAM SUNDAE 9

JACK DANIEL'S CHOCOLATE CHIP CAKE 8

FRENCH CONFECTION'S RED VELVET CAKE 7
cream cheese icing

SALTED CARAMEL CHEESECAKE 8
hand whipped cream

HÄAGEN-DAZS ICE CREAM 3 each scoop
Christie cookie garnish
Choose from: chocolate, vanilla, strawberry

CHAMPIONS Champions Local Favorite

Please let us know of any dietary preferences or food allergies we should be aware of in the preparation of your meal. We are happy to modify any of our dishes to your satisfaction.
*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. *These items can be cooked to order.
An 18% gratuity will be added to parties of 7 or more and distributed in its entirety to the staff.
GF: Items are made gluten-friendly. Locally sourced. Regional flavor. Housemade ingredients.

Beer

| BOTTLED | | BOTTLED | | DRAFT | | 16 OZ. | 22 OZ. |
|-----------------------------------|------|--------------------------------|------|------------------------------------|------|--------|--------|
| Amstel Light | 6 | Michelob Ultra | 5 | Black Abbey Selection (L) | 5.75 | 7 | |
| Anchor Steam | 6 | Miller Genuine Draft | 5 | Blackstone Porter (L) | 5.75 | 7 | |
| Angry Orchard Hard Cider | 5.75 | Miller Lite | 5 | Blue Moon Belgium Ale | 5.75 | 7 | |
| Bass Ale | 6 | Newcastle Brown Ale | 6 | Bud Light Lager | 5 | 6.25 | |
| Beck's Lager | 6 | O'Doul's (non-alcoholic) | 5 | Czann's Pale Ale (L) | 5.75 | 7 | |
| Blue Moon | 5.75 | Paulaner Hefe-Weizen | 6 | Guinness Porter | 6 | 7.25 | |
| Budweiser | 5 | Pilsner Urquell | 6 | Yazoo Gerst Haus Amber (L) | 5.75 | 7 | |
| Bud Light | 5 | Red Stripe | 6 | Goose Island IPA | 5.75 | 7 | |
| Coors Light | 5 | Rolling Rock | 5.75 | Jackalope Thunder Ann Pale Ale (L) | 5.75 | 7 | |
| Corona Extra | 6 | Samuel Adams Boston Lager | 5.75 | Mill Creek Landmark Lager (L) | 5.75 | 7 | |
| Corona Light | 6 | Samuel Adams Light | 5.75 | Samuel Adams Seasonal | 5.75 | 7 | |
| Dixie | 5.75 | Sierra Nevada Pale Ale | 5.75 | Server's Monthly Selection (L) | 5.75 | 7 | |
| Dos Equis Lager | 6 | Stella Artois | 6 | Stella Artois Lager | 6 | 7.25 | |
| Foster's Lager Oil Can | 6 | TN Brew Works Extra Easy (L) | 5.75 | TN Brew Works Cutaway IPA (L) | 5.75 | 7 | |
| Guinness | 6 | TN Brew Works Southern WIT (L) | 5.75 | Tiny Bomb Pilsner (L) | 5.75 | 7 | |
| Hap & Harry's Tennessee Lager (L) | 5.75 | Yazoo Dos Perros (L) | 5.75 | Yazoo Dos Perros Amber Ale (L) | 5.75 | 7 | |
| Heineken | 6 | Yazoo Hefeweizen (L) | 5.75 | | | | |
| Heineken Light | 6 | Yazoo Pale Ale (L) | 5.75 | Local Beer Flight, choose four (L) | 6.00 | | |
| Killian's Red | 5.75 | Yuengling Lager | 5.75 | | | | |

(L) = Locally Brewed

Champions Cocktails

| | |
|--|-------------|
| STRAWBERRY MOJITO | 10 |
| Bacardi Superior Rum, mint, lemon-lime soda | |
| CHAMPIONS BLOODY MARY | 8.25 |
| Absolut Peppar, chipotle | |
| STRAWBERRY LEMONADE | 3 |
| handcrafted over ice (non-alcoholic) | |

CHAMPIONS HAND SELECTED SINGLE BARREL, BARREL STRENGTH KNOB CREEK RESERVE

125.6 Proof
Old Fashioned 14
Manhattan 16
Rocks "Ice Ball" 14

OLD FASHIONED

Bulleit Straight Rye, Spicy, Oak 13
Knob Creek, Smoked Maple 14
Booker's, Straight from the Barrel 15

SMALL BATCH FLIGHT 18
Basil Hayden, Baker's, Booker's

THE GRAIN FLIGHT 16
Woodford Reserve, Makers 46,
Knob Creek

MANHATTAN

Makers 46, Bold, Complex 15
Basil Hayden, Soft, Spicy 16
Buffalo Trace, Rich Vanilla, Toffee 13

Wines

| | GLASS | BOTTLE | REDS | GLASS | BOTTLE |
|--|-------|--------|--|-------|--------|
| SPARKLING | | | | | |
| La Marca, Extra Dry, Prosecco, Veneto, Italy, NV | 12 | 45 | Arrington, Sangiovese, Red Fox Red, Arrington, Tennessee (Kix Brooks of "Brooks & Dunn" Winery) | 14 | 52 |
| Segura Viudas, Brut, Cava, "Aria Estate", San Sadurni d'Anoia, Spain, NV | 10 | 37 | Rancho Zabaco, Zinfandel, "Heritage Vines", California | 11 | 40 |
| Mumm Napa, Brut, "Prestige", Napa Valley, California, NV | | 47 | Meridian Vineyards, Pinot Noir, California | 9 | 30 |
| Moët & Chandon, Brut, "Impérial", Champagne, France, NV | | 75 | La Crema, Pinot Noir, Sonoma Coast, California | 15 | 55 |
| Veuve Clicquot, Brut, "Yellow Label", Champagne, France, NV | | 129 | Mark West, Pinot Noir, California | | 35 |
| | | | Kim Crawford, Pinot Noir, Marlborough, New Zealand | | 52 |
| | | | Ponzi, Pinot Noir, "Travola", Willamette Valley, Oregon | | 69 |
| | | | Avalon, Cabernet Sauvignon, California | 9 | 30 |
| | | | Alamos, Malbec, Mendoza, Argentina | 9 | 32 |
| BLUSH | | | Meridian Vineyards, Merlot, California | 9 | 30 |
| Beringer, White Zinfandel, California | 8 | 27 | St. Francis Vineyards, Merlot, Sonoma County, California | 15 | 58 |
| Anew, Rose, Columbia Valley, Washington | | 30 | | | |
| | | | Estancia, Cabernet Sauvignon, Paso Robles, California | | 38 |
| WHITES | | | Rutherford Hill, Merlot, Napa Valley, California | | 80 |
| Chateau Ste. Michelle, Riesling, Columbia Valley, Washington | 9 | 30 | Roots Run Deep, Merlot, "Educated Guess", Napa Valley California | | 68 |
| Nine Vines, Moscato, South Australia | 9 | 34 | Aquinas, Cabernet Sauvignon, Napa Valley, California | 10 | 38 |
| Pighin, Pinot Grigio, Friuli Grave, Friuli-Venezia Giulia, Italy | 12 | 43 | Swanson, Merlot, Oakville, California | | 80 |
| Meridian Vineyards, Pinot Grigio, California | 9 | 30 | Vina Montes, Cabernet Sauvignon, "Alpha Apalta Vineyard", Colchagua Valley, Central Valley Chile | | 56 |
| Brancott, Sauvignon Blanc, Marlborough, New Zealand | 10 | 37 | Columbia Crest, H3, Cabernet Sauvignon, Horse Haven Hills, Washington | | 31 |
| Provenance Vineyards, Sauvignon Blanc, Rutherford, California | | 42 | Austin Hope, Red Blend, "Troublemaker", Paso Robles, California | | 49 |
| Meridian Vineyards, Chardonnay, California | 9 | 30 | Meridian Vineyards, Cabernet Sauvignon, California | 9 | 30 |
| Terra "d" Oro, Chenin Blanc Viognier, Clarksburg, California | 9 | 30 | Franciscan, Cabernet Sauvignon, Napa Valley, California | 15 | 55 |
| Arrington, Chardonnay, Arrington, Tennessee | | 48 | Ferrari-Carano, Cabernet Sauvignon, Alexander Valley, California | | 60 |
| Chateau St. Jean, Chardonnay, North Coast, California | 11 | 38 | Jordan, Cabernet Sauvignon, Alexander Valley, California | | 110 |
| Taken Wine Company, Chardonnay, "Complicated", Sonoma County, California | | 70 | | | |
| St. Supéry, Chardonnay, Oak Free, Napa Valley, California | | 44 | | | |
| Sonoma Cutrer, Chardonnay, "Russian River Ranches", Sonoma Coast, California | 14 | 49 | | | |
| Cakebread Cellars, Chardonnay, Napa Valley, California | | 90 | | | |
| Rombauer, Chardonnay, Carneros, California | | 89 | | | |



Champions Local Favorite

We are proud to support local businesses whenever possible. We would like to thank and acknowledge:

Yazoo Brewery, Wiseacre Brewing Company, Jackalope Brewery, Blackstone Brewery, Prichard's Distillery, Jack Daniel's Distillery, Arrington Vineyards, Mill Creek Brewery, Czann's Brewery, Black Abbey Brewing Co., Tennessee Brew Works, Benton's Smokehouse, Alfresco Pasta, Provence Bakery, Christie Cookies, Southeast Family Farms, Joyce Farms and Sweetwater Valley Farm.